



בָּרוּך אַתָּה ה׳ אֱלֹקֵינוּ מֶלֶךְ הָעוֹלָם.

Baruch atah Adonoy, Eloheinu, melech ha-olam Blessed are You, Lord, our God, King of the Universe

אַשֶר קדשָנוּ בְּמִצְוֹתָיוּ, וְצְנָנוּ

asher kidishanu b'mitz'vosav v'tzivanu
Who has sanctified us with His commandments
and commanded us

עַל נִטִילַת יָדִים.

al n'tilas yadayim. to wash our hands.