

Recruit someone else to participate in the Challenge. To get credit make sure to enter the information below

- Recruited 1 Family (+\$50.00)
- Recruited Additional Family (+\$50.00)
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Full name/s of person/people you recruited

Personal/Interpersonal

- Perform and log an act of kindness for a friend or family member (+\$5.00)
- Perform and log an act of kindness for a stranger (+\$8.00)
- Write down 3 things you're grateful for and read/focus on it at night before bed to acknowledge God in your life. (+\$10.00)
- Refrain from saying something critical (+\$5.00)
- Set aside 30 minutes each day that's gossip-free (+\$10.00)
- Judge someone favorably (+\$8.00)

Shabbat

- Make Kiddush before Friday dinner (+\$5.00)
- Make HaMotzi over Challah before Friday dinner (+\$5.00)
- Sing Shalom Aleichem before Friday dinner (+\$5.00)
- Bless the children with the traditional blessing before Friday dinner (+\$5.00)
- Sing a Shabbos song at Shabbos dinner (+\$5.00)
- Make motzi over Challah at Shabbos lunch (+\$5.00)
- Choose a light that you will need on during Shabbos (Dining Room, bathroom) and leave that light on for the entire Shabbat (+\$7.00)
- Light Shabbos candles on time (Check myzmanim.com for times each week) (+\$5.00)
- Sing a Shabbos song at Shabbos lunch (+\$5.00)
- No electronics Friday night (+\$13.00)
- Share a Torah thought at Shabbos dinner (+\$5.00)
- Share a Torah thought at Shabbos lunch (+\$5.00)
- Observe all Shabbos restrictions from Sundown until bedtime Friday night (+\$15.00)
- Leave all lights in home untouched through entire Shabbos. (Set them before or use timer!) (+\$15.00)
- Make Havdalah after Shabbos is out (check Jewish calendar for proper time) (+\$5.00)
- Don't use electronics the entire Shabbos (+\$25.00)
- Don't ride in or drive a car the entire Shabbos (+\$20.00)
- Spend Shabbos with a Shomer Shabbat family (contact Rabbi or Sarah to arrange) (+\$50.00)

Blessings - See Mitzvah Resources for more info

- Make a blessing before eating (+\$5.00)
- Make an after blessing after a snack (+\$10.00)
- Recite 1st paragraph of Birkat Hamazon (+\$10.00)
- Recite entire Birkat Hamazon (+\$20.00)

Prayer

- Said informal prayer (praised, asked and thanked God) (+\$5.00)
- Said parts of the Shacharis service (before 10 am) (+\$5.00)
- Went to Shacharis with a minyan (+\$18.00)
- Said entire Mincha service (+\$7.00)
- Went to Mincha with a minyan (+\$10.00)
- Said entire Maariv service (+\$10.00)
- Went to Maariv with a minyan (+\$15.00)
- Put on tefillin (+\$10.00)
- Went to shul on Shabbos (whole family) (+\$18.00)

Jewish Learning

- Attended a live Torah class (+\$20.00)
- Read an Aish.com article (+\$10.00)
- Spent 20 minutes studying a Jewish text/book (+\$15.00)
- Watched a video on Aish.com (+\$8.00)
- Started an online course at Aish Academy (+\$150.00)
- Studied for 30+ minutes with an in-person study partner (contact Rabbi Lehrfield to arrange) (+\$25.00)