

(Quietly: Va-ye-hee erev, va-ye-hee voker.)
Yom Ha-shishi. Va-ye-chulu hasha-mayim vi-ha-
aretz vi-kole tzi-va-am. Va-yichal Elohim ba-yom
hashe-vi'i milach-to asher asa. Va-yish-bose ba-
yome hashe-vi'l mi-kole milach-to asher asa. Va-
ye-varech Elohim es yom hashe-vi'i va-yi-kadesh
oso. Kee voe shavas mi-kole milach-toe asher bara
Elohim la-a-sose.

Savri maranan ve-rabanan ve-rabosai: Baruch ata
Adonoy, Eloheinu melech ha-olam, borei peri ha-
gafen. (Others respond: "Amen")

Baruch ata Adonoy, Elo-heinu melech ha-Olam,
asher kidish-anu bi-mitz-vosav vi-ratza vanu, vi-
Shabbos kod-sho bi-ahava uv-ratzon hin-chi-lanu,
zikaron lima-aseh vi-raishis. Ki hu yom ti-chila li-
mikra-ay kodesh, zay-cher li-tzi-as mitz-rayim. Ki
vanu vachar-ta vi-osanu kidash-ta mikol ha-amim.
Vi-shabbos kod-shicha bi-ahava uv-ratzon hinchal-
tanu. Baruch ata Adonoy, mi-kadesh ha-shabbos.
("Amen")

(Quietly: It was evening and it was morning.) The sixth day. So the heavens and the earth were finished, with all their complement. On the seventh day, God had completed His work which He had undertaken, and He rested on the seventh day from all His work which He had been doing. Then God blessed the seventh day and made it holy, because on it He ceased from all His creative work, which God had brought into being to fulfill its purpose.

You, God are the Source of all blessing, King of the Universe, Creator of the fruit of the vine. (Others respond: "Amen")

You, God are the Source of all blessing, King of the Universe, who made us holy with his commandments and favored us, and gave us His holy Shabbat, in love and favor, to be our heritage, as a reminder of the Creation. It is the foremost day of the holy festivals marking the Exodus from Egypt. For out of all the nations You chose us and made us holy, and You gave us Your holy Shabbat, in love and favor, as our heritage. Blessed are you God, Who sanctifies Shabbat. (Others respond: "Amen")

וַיְהִי עֶרֶב וַיְהִי בֹקֶר
יוֹם הַשְּׁשִׁי. וַיְכַלּוּ הַשָּׁמַיִם וְהָאָרֶץ וְכָל צְבָאָם.
וַיְכַל אֱלֹהִים בַּיּוֹם הַשְּׁבִיעִי מְלַאכְתּוֹ אֲשֶׁר
עָשָׂה וַיְשַׁבֵּת בַּיּוֹם הַשְּׁבִיעִי מְכַל מְלַאכְתּוֹ אֲשֶׁר
עָשָׂה. וַיְבָרֶךְ אֱלֹהִים אֶת יוֹם הַשְּׁבִיעִי וַיְקַדְּשׁ
אוֹתוֹ כִּי בּו שַׁבַּת מְכַל מְלַאכְתּוֹ אֲשֶׁר בָּרָא
אֱלֹהִים לַעֲשׂוֹת.

סְבָרֵי מְרַנְּנוּ וְרַבָּנוּ וְרַבּוֹתֵינוּ
בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא פְרֵי
הַגָּפֶן.

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ
בְּמִצְוֹתָיו וְרָצָה בָּנוּ וְשַׁבַּת קִדְּשׁוּ בְּאַהֲבָה
וּבְרָצוֹן הַנְּחִילָנוּ זְכוּר לְמַעֲשֵׂה בְרָאשִׁית כִּי
הוּא יוֹם תְּחִלָּה לְמִקְרָאֵי קִדְּשׁ זְכוּר לַיְצִיאַת
מִצְרַיִם כִּי בָנוּ בְּחַרְתָּ וְאוֹתָנוּ קִדְּשַׁתְּ מְכַל
הָעַמִּים וְשַׁבַּת קִדְּשָׁךְ בְּאַהֲבָה וּבְרָצוֹן
הַנְּחַלְתָּנוּ. בְּרוּךְ אַתָּה יְיָ מְקַדֵּשׁ הַשַּׁבַּת.



The procedure for Friday Night Kiddush is as follows:

- 1. The table should be set with both challahs on the table, covered on top and below (e.g. a challah cover on top, and the challah board below).**
- 2. Ideally, you should use a special kiddush cup that holds at least 4 1/2 ounces. Fill the cup to the rim (our joy should be "full"). If you don't have a kiddush cup, any cup may be used, as long as it holds 4 1/2 ounces and is not disposable.**
- 3. Any kosher wine or grape juice can be used.**
- 4. The one making kiddush should have in mind to include the others in the blessings; thus kiddush is being made on their behalf. Likewise, those present should have in mind the same. It is proper to also keep in mind that, by reciting kiddush, one is fulfilling a Torah commandment.**
- 5. Many people stand on Friday night while making kiddush because, on Friday night our kids is like testimony to God's creation of the world. Just as witnesses in a Jewish court stand when giving testimony, so do we stand when making kiddush. (On Shabbat day there is no "coming in" to witness, so some people choose to make kiddush while seated.)**
- 6. Those being included in kiddush should be sure to answer "Amen" after the blessing of the wine ("borei peri ha-gafen"), and after the concluding blessing that follows.**
- 7. (We do not speak between the saying of a blessing and the fulfillment of the blessing. Thus each person should refrain from speaking until they taste a sip of the wine or grape juice.)**
- 8. When the blessings are complete, everyone should be seated (if they weren't already). The one who led the blessings then drinks at least 2 ounces of the wine or grape juice and then it is then distributed to all those who were included in kiddush. Only the person who makes the kiddush needs to drink.**

To avoid germs, try this method: The person making kiddush recites all the blessings, but before drinking at the end, spills about four ounces of the liquid into another cup; then drinks from that new cup. Take the original liquid from the first cup and pour some into smaller cups to pass around. (If there isn't enough, add more wine or grape juice before pouring.)

If there are a lot of people and it would take forever to pass around kiddush, you can pre-pour some wine into everyone's glass. After the person reciting kiddush drinks some wine, then everyone can drink from his or her own glass.