

Fill cup with water. Pour twice over the right hand,
then twice over the left hand.

Raise hands and recite the blessing below.

Dry hands and try to remain silent until eating bread.

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם.

baruch ata ado-nai elo-heinu
melech haolam

אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ

asher kidishanu b'mitzvosav
v'tzivanu

עַל נְטִילַת יָדַיִם.

al nitilas yadayim

JOI 